



GRASSROOTS INTERCLUB PROGRAMS

Our **U4 Development Program** (Active Start) is designed for children born in 2019 & 2020 and consists of 1 Session on Saturdays from late May to late July (10 weeks). Teams will be comprised of IDCS Parent Coaches that will work with Parent volunteers to develop basic soccer skills in a fun environment. Each Session will last 45min in length and will be split up into Skill Development and small sided games. Players will be placed into groups of 8-10 players. The U4 Program will be held at Meadowcreek Park, Ilderton, ON (Upper Fields)

*** All players will receive a jersey, shorts, socks, soccer ball*

Our **U6 Development Program** (Fundamentals) is designed for children born in 2017 & 2018 and consists of 1 Session on Saturdays from late May to late July. Teams will be comprised of IDCS Parent Coaches that will work with Parent volunteers to develop basic soccer skills in a fun environment. Each Session will last 1 hour in length and will be split up into Skill Development and small sided games. Players will be placed into groups of 8-10 players. The U6 Program will be held at Meadowcreek Park, Ilderton, ON (Lower Fields)

*** All players will receive a jersey, shorts, socks, soccer ball*

Our **U8 Development Program** (Fundamentals) is designed for children born in 2015 & 2016 and consists of 2 Sessions per week (Monday's & Wednesday's). One night will be dedicated to developing basic soccer skills in a fun environment, while the second night will be comprised of a game (5v5). Each Session will last 1 hour in length. Players will be placed into groups of 8-10 players. The U8 Program will be held at Deerhaven Park, Ilderton, ON (Lower Fields)

*** All players will receive a jersey, shorts, socks, soccer ball*

	U4 DEVELOPMENT	U6 DEVELOPMENT	U8 DEVELOPMENT
2023 REGISTRATION	\$100	\$125	\$150